



NEWS RELEASE

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WorkWell Banquet Features Internationally Acclaimed Speaker

WorkWell and the Lincoln-Lancaster County Health Department and Governor Heineman will be recognizing businesses and individuals for exceptional progress in health behaviors. The program will feature Michael Samuelson, internationally recognized expert and CEO of the Health and Wellness Institute. Mr. Samuelson will be addressing the business leaders to commend and encourage creating environments for healthy lifestyles because “employee health and wellness is the right thing to do. In addition to our moral obligations to take care of our fellow man, employee health and wellness programs yield positive health and financial outcomes.”

Governor Dave Heineman and Dr. Joann Schaefer, Chief Medical Officer, will present twenty-seven businesses with the Governor’s Excellence in Wellness Award. Businesses receiving this award have successful worksite wellness programs with measurable health behavior change.

In addition, two individuals will receive Wellness Champion Awards. One individual will receive the leadership award for inspiring others to live a healthy lifestyle. Another person will be recognized for making significant personal health changes. Five deserving individuals were nominated for this award.

The award ceremony will be held on October 21, 2010 from 11:30 – 1:00 p.m. at the Rococo Theatre. For more information about the WorkWell banquet and awards presentation, please contact Lisa Henning, 441-8049 or 770-4675.